REVIEW

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Therapeutic benefits of gossypin as an emerging phytoconstituents of *Hibiscus spp*.: a critical review

Gayatri Jejurkar^{1*} and Machindra Chavan¹

Abstract

Background Flavonoids are one of the crucial secondary metabolites as several functions are carried out by flavonoids, including regulating cell growth, luring insects and pollinators, and defending against biotic and abiotic stressors. They are found in fruits, whole grains, vegetables, spices, tea, wine, herbs, and seeds. More than 4000 flavonoid compounds have been discovered and extracted through different techniques. Most flavonoids are frequently utilized in pharmaceuticals, nutraceuticals, cosmetics, and other products. A flavonol glucoside called gossypin is the primary phytochemical of herbs that comes under the "Malvaceae" family and can be found in many species, including *Hibiscus esculentus, Gossypium indicum*, and *Hibiscus vitifolius*, all have it in their flowers. Gossypin shows not only significant pharmacological activities but also a defence mechanism and protects against pathogens, UV radiation, etc. It has drawn much interest from researchers and scholars due to its benefits of few adverse effects, high efficacy, and simple preparation. Thus, the current review focuses primarily on the pharmacological accounts of gossypin in various acute and chronic diseases. The various assays and animal studies conducted in the past supported gossypin effects as supporting the concept of the objective of the title. The review also highlights various patents filled on gossypin's importance and current market scenario.

Conclusion Therefore, the technical contents based on pharmacological activities, patents and current market scenario provided in this paper for the improvement of research in numerous scientific fields will be helpful to researchers for suitable alternative designs of gossypin in various disorders.

Keywords Gossypin, Pharmacological activities, Cell lines, Animal models, Patents, Market research

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Background

Medicinal plants have always been crucial to the advancement of human health. More than 80% of the global population, according to the World Health Organization, is dependent on healing plants to preserve their wellness and alleviate illnesses [1-3]. More than 8,000 different types of medicinal herbs are native to India, as reported by the Botanical Survey of India. Traditional medical practices have a long history in the nation, and current study on medicinal plants is ongoing due to their numerous advantages [4]. The primary chemical components of plants, present in leaves, fruits, flowers, seeds, and occasionally even the entire herb, are called phytochemicals [5, 6]. Terpenoids, flavonoids, glycosides, phytosterols, saponins, carotenoids, alkaloids, aromatic acids, protease inhibitors, essential oils, and organic acids are the main groups of phytoconstituents (PCs) [7, 8]. They can diagnose, treat, and ultimately eradicate all chronic and degenerative diseases affecting human beings. The metabolites also offer defensive mechanisms (direct or indirect) against infections or hazardous illnesses, including antibacterial, anthelmintic, anticarcinogenic, anti-inflammatory, antigenotoxic, antimutagenic, antioxidative and antiproliferative [9–11]. The traditional plant has distinct pharmacological effects on the human body [12]. As a result, the evaluation concentrated on addressing the demands of society to determine the effectiveness of traditional treatments. The review aims to highlight the specifics of pharmacological activities along with in vitro and in vivo research of medicinal herb gossypin (GOS) using previous studies.

Overview of flavonoids

Cereals, fruits, nuts, herbs, vegetables, stems, flowers, as well as seeds are the most common sources of flavonoids, which are secondary metabolites [13]. The therapeutic efficacy and biological activity of these parts of plants are due to the PCs contained in them. Ten thousand flavonoids have been found and derived so far [13, 14]. Most flavonoids are commonly used as pharmaceuticals such as anthocyanidin and proanthocyanidin, isoflavone, anthocyanins, and gossypin [15]. The potential health advantages offered by the antioxidant capabilities of these polyphenols have sparked recent interest in these substances. To function as antioxidants, hydroxyl groups either bind metal ions or scavenge free radicals [16]. Flavonoids are thought to be dietary components with health-promoting properties. Also, the human body's defence-enhancing enzyme pathways can be activated by flavonoids [17]. Many plant species contain flavonoids,



Fig. 1 Basic flavonoid structure and their various types (Own creation)

including *chamomile*, *ginkgo biloba*, *hibiscus*, and others (Fig. 1). Gossypins present in several plant species with a variety of biological functions because of its structural makeup [18]. It has been demonstrated to inhibit carcinogenesis, angiogenesis, and other processes. Gossypin thus receives much interest from researchers and scholars [19].

Structure and pharmaceutical importance of gossypin

Gossypins [2-(3,4-Dihydroxyphenyl)-3,5,7-trihydroxy-4-oxo-4H-chromen-8-yl b-D-gluco-pyranoside] (Fig. 2) with a molecular formula ($C_{21}H_{20}O_{13}$), a flavanol glucoside [20], are primarily found in flowers and roots of



Fig. 2 Basic structure of gossypin (Own creation)

numerous *hibiscus* species, including *H. esculentus*, *H.vitifolius*, and *G. indicum* [21, 22] belonging to the "Malvaceae" family. Gossypin is like a gossypetin in terms of function [23]. It indicates physical properties including yellow crystalline solid powder, high melting point (229–230 °C), and markedly soluble in water. The existence of the glucose moiety makes the compound more soluble in water and less soluble in alcohol and other solvents [24]. Also, it is more stable than other phytoconstituents due to structural arrangements.

Pharmaceutical importance of gossypin

There are between 50,000 and 80,000 flowering plant species used for medicinal purposes worldwide. These herbs are supplemental or alternative medicine. For the development of new drugs, studies on these medicinal plants that include pharmacological and toxicological assessments are crucial globally. Since there are many different types of plants in India, there is a significant chance that their economic value can be maximized by developing technologies for their cultivation and processing [25, 26]. According to statistics, there are 18,000 species of higher plants in India with various phytogeological and ecological zones including Himalayas region, Karnataka, Maharashtra, Tamil Nadu, etc., of which around onethird are essential for health care and the economy [27]. However, less emphasis on therapeutic benefit of cotton metabolites containing rich oil and protein, which has medicinal value, might lead to the new way for a more thorough application of cotton products [28]. This is partially because of extensive interest in cotton as an economically viable crop for vegetable oil, feedstuff, and textile fibre. Gossypin is used in various fields, including those related to chemicals, medicine, and others (Fig. 3). As it can prevent cell proliferation, gossypin is employed in the pharmaceutical sector to develop the anticancer medications. Gossypin is a natural pigment used in the chemical industry as a colourant in soaps, cosmetics, as well as dyes; another uses are insecticide and antioxidant. Gossypol, gossypetin, gossypin, and gossypose are a few examples of the many metabolites or defensive substances produced by cotton plants [29, 30]. Gossypin can also be employed as an ether sizing agent belonging to the technical domains of preparing sizing agents [31]. Compared to the parent compound, Nair demonstrated that gossypin nanoparticle formulation successfully halted colony formation and growth in vitro. Gossypin may limit the proliferation and invasion of tumour cells and vascular permeability induced by VEGF and tumour neovascularization, causing cell cycle arrest [32]. Additionally, the gossypin has physical characteristics like marked solubility, increased bioavailability, and longterm effectiveness [33]. Thus, this phenomenon can be



Fig. 3 Segments of gossypin in the pharmaceutical industry (Own creation)

used in different gossypin formulations. NMR spectra by GIAO approximation revealed GOS-SWCNT structure, which appears the number of active sites in GOS-SWCNTs that have the most activity at indicated model proved by Shabanzadeh. This compound offers an atomistic examination of the GOS–SWCNT method and its use in ongoing pharmacological research [34]. Overall, gossypin and its derivatives perform vital economic part in the development of the pharmaceutical domain.

Proven pharmacological activities of gossypin

Gossypin has attracted a lot of attention from academics and researchers because it not only has strong pharmacological effects but also has minimum adverse effects and easy preparation. The purpose of this part is to give a theoretical foundation for the clinical use of gossypin by briefly describing the pharmacological effects (Fig. 4) and mechanism of the drug [35] (Table 1).

Limitations of gossypin and solutions to overcome

Folklore systems originated in ancient times and are still in use today. According to Shrikumar, Complementary and Alternative Medicine (CAM) systems are a miracle for herbal and conventional medicine [36]. Moreover, certain factors constrained the usage of gossypin are as follows:

- Gossypin is considerably more soluble in water and less in anhydrous organic solvents. It is challenging to obtain it completely free of mineral matter due to this property [37].
- Another obstacle to extracting these compounds is that the flavonoids are typically labile, subjecting them to significant levels of chemical structure degradation or alteration and subsequent activity loss during purification [38].
- Isolation and separation of gossypin from plant species are somewhat difficult as it was observed that very few ionic compounds were identified. Awouafack noted more moderately polar polyphenols, including certain terpenoids, steroidal chemicals, and gossypin [39].
- Gossypin-powdered extract must be stored and handled carefully because it is hygroscopic and incompatible with strong oxidizers.
- For these herbal bioactive, potential side effects include skin, eye, and respiratory irritation [40].

Solutions to overcome these issues

By increasing solubility, bioavailability, stability, also bioactivities of phytochemicals, nanotechnology has the potential to help overcome these obstacles [41]. The proniosomal drug delivery strategy, according to Jampala



Fig. 4 Gossypin uses in variety of diseases (Own creation)

and colleagues, can improve the flow into the skin and produce the optimal sustainability effect of GOS. Considering this, using proniosomal gel to deliver gossypin topically for managing melanoma treatment could be useful [42]. Additionally, the liposomal-GOS formulation provides mice prevention from PTZ kindling. Liposomal-GOS treatment dramatically slowed the advancement of kindling in mice, making it an excellent candidate to manage the oxidative stress that occurs during epilepsy as well as the development of seizures [43].

Gossypin is more stable than most other naturally occurring chemicals owing to the existence of the -OH group in their structure, which stabilizes the molecule and prevents it from interacting with other substances. The methods, including high-performance liquid chromatography (HPLC), ion-exchange column chromatography, mass spectroscopy (MS), nuclear magnetic resonance (H1NMR), liquid chromatography-mass spectroscopy (LC–MS), high-performance thin layer chromatography (HPTLC), can be suitable techniques used to isolate and study the chemical composition of gossypin [44]. The low extraction yield of flavonoids produced by the existing conventional separation and purification procedures typically not able to justify the greater cost of extraction. The extraction yield of flavonoids could be increased by optimizing the conditions using response surface methodology over these conventional techniques. Diverse tactics are used to overcome these restrictions [45, 46].

In vitro and in vivo investigation of gossypin

In vitro studies of gossypin produced from *Hibiscus* species were carried out using cell lines or assays to determine the bioactivities. The description of the studies is shown in Table 2.

Page 6 of 13

Table 1 Gossypin activities along with study models

Pharmacological activities	Mechanism of action	Cell lines/assays/animal models	Result
Antidiabetic	Decreased blood glucose and HbA1c levels also increase haemoglobin and plasma insulin levels	Albino Wistar rats Streptozotocin-induced experimental diabetes in rats	Reduced blood sugar and HbA1c levels, as well as higher levels of plasma insulin and haemo- globin [51] Gossypin has potent antidiabetic activity [52]
Anti-inflammatory	COX-2 and lipoxygenase inhibition played a role	Carrageenin-induced rat hind paw oedema model. Male Wistar rats Male Swiss rat. Carrageenin was injected into the right hind paw oedema model Sonicated sheep platelets	Procumbentin and gossypin have less potency than rofecoxib but still selectively inhibit COX-2 [53] Most effective for inflammation, while leucocya- nidol had minimal impact [54] Inhibition of lipoxygenase might be crucial for this activity [55]
Anticancer	Inhibits U251 cell proliferation through Cell division cycle 25C (Cdc25C) and Chk1	HT 29 and K 562 cell lines U251 cell lines MTT assay	Inhibit the DNA replication enzymes, topoi- somerase I and II [56] Cdc25C tyrosine phosphatase triggered arrest of cell cycle during G2/M phase by activating checkpoint kinase 1 (Chk1) [57] Gossypin inhibit NF-kappa B, Hence, function in carcinogenesis, inflammation, and angiogen- esis suppression [58]
Analgesic	Involvement of opiate receptors	Acid-induced writhing in mice	Gossypin-naloxone showed that opiate receptors are involved in the analgesic activity of gossypin [59]
Antiallergic	Inhibiting anti-pruritics, anaphylaxis reactions	Synthetic poly sulphonated naphtyl urea, on the mast cell-mediated allergy paradigm	Gossypin and suramin decrease allergic reac- tions caused by mast cells [60]
Antiviral	Against plaque formation of HSV-2 and HSV-1	In vitro plaque reduction assay in Vero cells	Therapeutic potential for managing and avoid- ing herpes simplex virus infections [61, 62]
Antioxidant	In vitro lipid peroxidation inhibitory potential	DPPH assay	At a 100 µg/ml concentration, GOS and BHT significantly block the DPPH radical. Nitric oxide, superoxide, and hydroxyl radical scavenging effect of GOS at the same concentration [63]
Effect on CNS	Affecting both GABA aminergic and glycine inhibitory mechanisms	Sprague–Dawley rats of either gender. Global cerebral I/R model Maximal electroshock convulsive techniques in mice	Dose-dependent neuroprotective efficacy [64] Reduced the tonic extensor convulsion [65]
Effect on CVS	Reduces the total cholesterol quantity and raises LDLR, it is not depend- ent on SREBP-2 while dependsupon activation of ERK	HepG2 cells H9c2 cell and Sprague–Dawley (SD)	Dose-dependently decreased the total choles- terol concentration. Low-density lipoprotein receptor (LDLR) protein expression increased, no effect on HMG-CoA reductase. Furthermore, did not impact the quantity of nuclear SREBP-2 [66] Normalized elevated LDH, Tn-I and CK-MB levels. Enhanced SOD, GSH, TNF-a, NF-kB mRNA, IL-6, and IL-1 expression levels and reduced MDA quantity, gossypin regulates ISO administration in cardiac tissue [67–69]
Effect on gastric system	Delay small intestinal transit via opiate and alpha-2 adrenergic receptors	Wistar Rat In-vitro everted gut sac model	In a dose-dependent way, all 3 flavonoids hin- dered the small intestine transit. [70, 71] Other bioflavonoids like methyl hesperidin, gos- sypin, diosmin, chrysin and quercetin reduced nitrendipine transport rate[72]
Toxicity study	Prevents beta-amyloid induced toxicity, protects against glutathione peroxidase	Mice Primary cultured rat cortical cells. Cell- free assays Rat hepatocytes	Gossypin delivered in PEG-300 provided better protection against SM toxicity [73–75] It prevented xanthine/xanthin oxidase or D,L- buthionine (S,R)-sulfoximine induced oxidative neuronal distortion [76] Reduced the release of alanine amino trans- ferase [77]

Table 2 In vitro studies of gossypin

Study title	Assay/cell lines	Outcomes
Topical drug delivery of gossypin from proniosomal gel formulations: <i>in-vitro</i> efficacy against human melanoma cells	The MTT assay	GOS-loaded gels (GPG) showed viability of cell $14.9\% \pm 2.3\%$ compared to $16.1\% \pm 1.0\%$ for free gossypin in A-375 human melanoma cells. Further being stored for 90 days, the %EE or PS of GPG didn't change significantly [42]
Neuroprotective effect of Gossypin on glutamate- induced excitotoxic neuronal death in SH-SY5Y cell line	Human SH-SY5Y neuroblas- toma cells	Gossypin treatment reduced MDA levels and increased GSH and SOD concen- trations. Protective role in neurotoxicity caused by glutamate [78]
Gossypin Protects Primary Cultured Rat Cortical Cells from Oxidative Stress-and J3-Amyloid-Induced Toxicity	Primary cul- tured of rat cortical cells. Cell-free assays	Inhibited oxidative stress as well as AB-induced toxicity, suggesting gossypin's antioxidant characteristic [76]
Gossypin as a Novel Selective Dual Inhibitor of v-raf Murine Sarcoma Viral Oncogene Homolog B1 and Cyclin-Dependent Kinase 4 for Melanoma	In vitro melanoma cell lines	Inhibited human melanoma cell proliferation, BRAFV600E and CDK4 kinase activities and revealed GOS as a new drug with double inhibitory actions to cure skin cancer. Molecular docking confirmed direct linking of GOS with both kinases [79]

Table 3 In vivo studies of gossypin

Study title	Animal models	Outcomes
Evaluation of liposomal gossypin in ani- mal models of epilepsy	Swiss albino mice were used. PTZ- induced seizures and the ICES test in rodents was carried out using 2 dos- ages, 2.5 and 5 mg/kg of GOS	Gossypin significantly increased the seizure threshold and the latency to generalized seizures. MDA levels increased, glu- tathione levels dropped, and mice's kindling process was slowed at doses of 2.5 and 5 mg/Kg [43]
Protective Effects of Gossypin in Col- chicine-induced Cognitive Dysfunction and Oxidative Damage in Rats	The Male Wistar rats were taken, and they received oral solutions of GOS (10 or 20 mg/kg) upto 3 weeks and intracerebroventricular injections of colchicine. The Morris Water Maze was used to measure the activity of gos- sypin, Using the Schrodinger suite, a docking interaction study was con- ducted	The latency period indicated an insignificant reduction in the gossypin-treated group. However, increase in island entries. Overall, Gossypin demonstrated a vigorous in silico interaction with AChE and a minor cognitive enhancement characteristic [33]
Prophylactic Effect of Gossypin Against Percutaneously Administered Sulfur Mustard	25–30 g Swiss albino female mice were used	Gossypin administered with PEG-300 (8.0 folds) provided greater defence against the systemic toxicity of SM than DMSO (5.7 folds). For seven days, a considerable reduction in weight was seen along with a significant rise in RBC and Hb [75]
Gossypin, a Flavonol Glucoside Protects Pancreatic Beta-Cells from Glucotoxicity in Streptozotocin-Induced Experimental Diabetes in Rats	Rats, male Albino Wistar, were grouped into 4 groups ($n = 6$)	When given orally, GOS dramatically increased antioxidants and decreased lipid peroxides, NO, IL-1, and nuclear NF-B p65 units in pancreatic tissue in diabetic rats [80]
Effects of Gossypin on Fracture Healing in Experimental Femur Fractured Mouse Mechano-Bioregulatory Model	Male Mus musculus BALB/c 28 mice have been chosen. An open fracture model was created for this estimation	In groups 3 and 4, GOS sufficiently slowed bone resorption and reduced inflammation in mice with femoral fractures. Bio- mechanical research revealed sufficient hardness levels and high braking force thresholds [81]

Gossypin's in vivo studies

This research examined the bioactivities of the phytochemical using animal models. The description of studies is shown in Table 3.

Patents filed on gossypin

Filing and approving patents provide conclusive evidence of an item's commercial interest. In this regard, the researcher has received a few patents for their

inventive work and study on gossypin PCs. The patent gives exclusive rights to innovation, which also prevents others from misusing it. A few of the patents, which are granted, are discussed in Table 4.

Market analysis of gossypin

The gossypin market analysis provides information on market size, growth rate, segmentation, and a

Table 4 Patents filed on gossypin

Inventor	Application/patent number	Summary along with references	Patent/ publication date
Marc Winnefeld Sabine Torsten Schläger Hagemann Elke Grönniger JörnSöhle Katrin Schmidt	WO2016034400A1	The Chinese scientists patented current research, which refers to dermatological or cosmetic for- mulations containing active substances for curing and protecting the skin, particularly skin ageing caused due to intrinsic and external causes. Gos- sypetin/gossypin resolved this problem to treat and prevent skin ageing, as well as damaging effects of UV radiation [82]	2016-03-10
Mei Qingbo Sheng Haifeng Meng Haoying	CN106120336A	The invention was patented in 2016 and disclosed the preparation method of a kind of gossypin ether sizing agent belonging to the sizing agent prepar- ing the technical field. There are some beneficial impacts of the invention: The preparation proce- dure of current invention is simple, has no residue for safety or environmental protection, and causes no harm to fibrous tissue by adding any oil-dissolv- ing solvent. Improved interface bond strengthby 25–28%, effective resolution of the weak fibre pliability, easily created lousiness, and broken end problems [31]	2016-11-16
Lai Yuekun Li Shuhui Huang Jianying Ge Mingz- heng Zhang Keqin	CN104294594B	Another approval was given to research work that disclosed the preparation method of the super thin fabric face of a water and oil repellant. The method comprises the 3 steps: (1) Bafta was weighed, and a gossypin macromole evocating agent was made; (2) grafted monomers GMA were then added to the gossypin macromole evocating agent of the preparation. (3) In gossypin and the low-surface-energy monomer generation acylation reaction of the grafting GMA of the cel- lulose surface rich in hydroxyl of the above-men- tioned preparation. The procedure has a moderate reaction condition, stable at room temperature, and is easy to use. It can also ensure good super- hydrophobicity and grease resistance. Hence, the method was found to be suitable for prepara- tion of fabric face [83]	2016-05-18
Wang Shuhua Jia Husheng Hou Wensheng Dai Jinming Gao Xiaoyue Liu Jinlong	CN102633249B	The object of the invention relates to the situa- tion for background technology; employing gos- sypin as acarbon source, the carbospherewas synthesized in fast degradation carbonization to improve preparation efficiency and the qual- ity of carbosphere. The method of creating carbon microspheres quickly using cotton cel- lulose is the focus of the present invention. The approach is suitable because it has the benefits of an innovative process, rapid speed, less used equipment, abundant raw material resources, low price, and less energy required by a carbonization process. This technology decreases environmen- tal pollution by recycling waste textiles into fuel and creating a road asphalt modifier that fully employs coal [84]	2014-04-02

Table 4 (continued)

Inventor	Application/patent number	Summary along with references	Patent/ publication date
Han JinNiu Ying Wang Xiaoyang Zhou Yanping Yuan Hailong	CN105228658B	The patent was registered in 2018 on research work "A kind of medical dressing hydrogel compound fabric and its preparation method and application". Formulation technique described as the initiator and n-isopropyl acrylamide were immersed in a solution and foamed with nitrogen gas; Gossypin performs an initiation reaction in an initiator solution; following that gos- sypin soaks in a solution containing n-isopropyl acrylamide and dimethylformamide; this causes polymerization and yields poly-N-isopropyl acrylamide-gossypin; finally, this product and algi- nate were mixed. After the solvent is eliminated, a hydrogel fabric is obtained for medical dressings. This hydrogel is primarily used to stop bleed- ing and restore damaged tissue in both acute and chronic wounds [85]	2018-04-20

comparison of factors or challenges that could impact the market's future. Because of the increased need of herbal products, especially in nutraceutical and pharmaceutical industries, the GOS market is now expanding. Gossypin applications are becoming more varied, spanning from skincare to cancer treatment, further boosting the drug's market growth [47]. The market still has difficulties due to low extraction yields and a scarcity of raw materials. To optimize the potential of gossypin, it is crucial for key stakeholders and industry professionals to examine creative solutions to these problems. Gossypin is used in a variety of industries, including those related to chemicals, medicine, and others. Due to its capacity to impede cell proliferation, gossypin is utilized in the pharmaceutical sector in the development of anticancer medications. Gossypin is a natural pigment used in the



Fig. 5 World distribution of gossypin (Source: Internet + Own) [50]

chemical industry to colour cosmetics, soaps, and dyes. Gossypin can also be used as an insecticide and antioxidant, among other things. The market for gossypin has expanded owing to its variety of applications [48]. The areas that notably covered gossypin market are:

- North America
- Asia Pacific
- Europe
- Middle East and Africa
- Latin America (Fig. 5).

Market players (company) in the gossypin

Gossypin presents in cotton plants with possible medical benefits. Some of the major participants in the gossypin market include Ambeed, BioCrickBio Tech, Baoji Herbest Bio, Henan Tianfu Chemical, BiosynthBLD pharm, BioVision Inc, Molekula Group, BOC Sciences, Rarus, Carbosynth, and Watson (Fig. 6). These organizations can contribute to the expansion of the GOS market by diversifying their geographic reach and investing in R&D to find new and innovative therapeutic uses [49, 50].

Conclusion

Many of the drugs utilized in the modern medical system originated from natural sources. Furthermore, traditional medicines were the primary form of healthcare for most populations in Asia and Africa, e.g., China, Japan, South Korea, India, etc. Due to the perception that they have fewer adverse effects and greater effectiveness, herbal medications are utilized worldwide to cure various acute and chronic disorders. Gossypin, a bioflavonoid, is naturally derived from Hibiscus species belonging to the Malvaceae family. Due to their structural makeup, they own a wide spectrum of bioactivities. Further, they also utilized in textile, cosmetics, and nutraceutical industries. Some identified biological activities were proved using animal models, cell lines or assays, supporting the concept. Overall, this review presented a database for beneficial effects, current scenarios and market analysis of gossypin, which will be attention for researchers in the future.

Future perspectives

The herbs are supplemental or alternative medicine. For the development of new drugs, studies on these medicinal plants that include pharmacological and toxicological



Fig. 6 Analysis report of gossypin along with the key players (Source: Internet + Own) [50]

assessments are crucial globally. Still some research needs to be done to evaluate the efficiency of herbal plants. The significant obstacle is the lack of an animal model that accurately imitates the histologic and immunophenotypic features of pharmacological actions. Thus, randomized controlled clinical trials are required in future research for the systematic evaluation of such herbs in terms of efficacy and safety in humans. To enhance the effectiveness of the treatment, molecular targets that control several critical pathogenic variables can also be targeted. More investigations are required to advance herbs provided nano-cosmetics, nanotechnology to ensure that nano-scaled plant extract-loaded formulations continue to be the excellent and unique option in the upcoming era. Considering the enormous potential that plant-based medications must treat a wide range of illnesses, it is now possible to state that much more knowledge and experience are still needed in this field.

Abbreviations

PCs	Phytoconstituents
GOS	Gossypin
NMR	Nuclear magnetic resonance
SWCNT	Single-walled carbon nanotubes
Cdc25C	Cell division cycle 25C
Chk1	Checkpoint kinase 1
LDLR	Low-density lipoprotein receptor
SD	Sprague–Dawley
CAM	Complementary and Alternative Medicine
PEG	Polyethylene glycol
HPLC	High-performance liquid chromatography
MS	Mass spectroscopy
LC-MS	Liquid chromatography-mass spectroscopy
HPTLC	High-performance thin-layer chromatography
GPG	Gossypin-loaded gels
SM	Sulphur mustard
UV	Ultraviolet
VEGF	Vascular endothelial growth factor
GIAO	Gauge-independent atomic orbital
HbA1c	Glycated haemoglobin
COX-2	Cyclooxygenase 2
DNA	Deoxyribonucleic acid
MTT	3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyl-2H-tetrazoliun
	bromide
HSV	Herpes simplex virus
BHT	Butylated hydroxytoluene
DPPH	2,2-Diphenyl-1-picrylhydrazyl
GABA	Gamma-aminobutyric acid
I/R	Ischemia-reperfusion
HMG-CoA	β-Hydroxy β-methylglutaryl-CoA
SOD	Superoxide dismutase
GSH	Glutathione
TNF-α	Tumour necrosis factor alpha
NF-kB	Nuclear factor kappa B
IL	Interleukin
ISO	Isoprenaline
PTZ	Pentylenetetrazole
MDA	Methylenedioxyamphetamine
RBC	Red blood cell
NO	Nitric oxide
R&D	Research and Development

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GJ contributed to the design of the study; GJ and MC collected the samples; GJ and MC performed the experiments and analysis the data; GJ and MC drafted the paper; all authors read and approved the final manuscript.

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Declarations

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