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A simple method for the determination of acyclovir concentrations in human plasma using high-performance liquid chromatography

Asma Aboelegg¹, Maged Kharouba¹ and Sherif Hanafy Mahmoud^{1*}

Abstract

Background Acyclovir is an anti-viral medication given to treat herpes simplex and herpes zoster infection. In some severe conditions such as herpes encephalitis, acyclovir is administered intravenously. However, high acyclovir doses may cause acute kidney injury and low acyclovir dose may predispose the patient to inadequate exposure to acyclovir which could be fatal in some conditions. In such cases, the acyclovir plasma concentrations will potentially guide the diagnosis and management of the kidney injury. In this study, we provide a simple and time-efficient method for analyzing acyclovir in human plasma using high-performance liquid chromatography (HPLC).

Results The process starts with a single protein precipitation step by adding acetonitrile to deproteinize 300 μ L of plasma. The chromatographic separation conditions consist of a mobile phase of water: methanol (97:3, v/v), a flow rate of 1 mL/min, a run time of 17 min, and a detection wavelength of 254 nm. The calibration curve was linear over the range of (0.70–60 mg/L) ($r^2 > 0.99$). The retention times of acyclovir and the internal standard were around 15 and 12 min, respectively. The intra-day and inter-day analysis of acyclovir in plasma using this method exhibited accuracy and precision of less than 7%, which lies within the acceptable range. Different greenness assessment tools confirmed that the proposed method is eco-friendly.

Conclusion The proposed method of analysis of acyclovir in the plasma using HPLC is simple, green and accurate method. This method could be applied in clinical settings where monitoring acyclovir concentrations is essential as it has wide range of the concentrations that could be detected.

Keywords Acyclovir, Herpes infections, HPLC, Chromatography, Plasma

Background

Acyclovir (9-[2-hydroxyethoxymethyl]-9H-guanine) (Fig. 1) is a synthetic nucleoside analog that has an anti-viral activity against herpes simplex and varicella zoster virus [1]. Patients with severe infections such as herpes encephalitis may require careful monitoring of the plasma acyclovir level. High acyclovir concentrations

could predispose the patient to acyclovir nephrotoxicity and neurotoxicity. On the other hand, low acyclovir concentration that is below the 50% inhibitory concentration (0.56 mg/L for herpes simplex virus and 1.125 mg/L for varicella zoster virus) could lead to treatment failure and worsen the patient's condition [2–4].

Acyclovir follows a two-compartment model with first-order elimination kinetics [5]. The primary elimination pathway for acyclovir is through the renal route, making it significantly influenced by kidney function [6]. Impaired kidney function could result in acyclovir accumulation in the body and the development of either nephrotoxicity, neurotoxicity, or both, while enhanced

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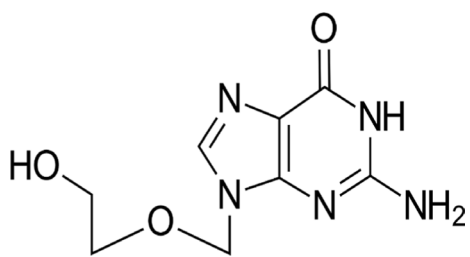


Fig. 1 Acyclovir chemical structure

kidney function could lead to subtherapeutic concentrations of acyclovir and subsequently treatment failure [7, 8].

The most common reported methods for the detection of acyclovir in the plasma were high-performance liquid chromatography (HPLC) and liquid chromatography–mass spectrometry (LC–MS) [9–12]. Most of these methods used a mobile phase with very low acidic pH [13, 14], which by time could degrade the stationary phase of the column.

Green analytical chemistry (GAC) is an area of activity that ensures that the analytical practices are environmentally friendly [15]. The assessment of greenness is crucial to ensure that analytical methods produce the least threats to the environment [16]. There are different developed tools to assess the greenness of the analytical methods such as analytical method GREENness score (AMGS) [17], analytical eco-scale [18], and analytical GREENness (AGREE) [19].

This method aimed to develop a simple, sensitive, and time-efficient method for analyzing acyclovir in plasma. The advantages of our method over the previously developed method are that it utilizes a single protein denaturation step, does not include buffers for the preparation of the mobile phase and it provides higher range of concentrations that could detect acyclovir toxicity. The development of buffer-free HPLC method offers a greener, more efficient, and more versatile approach to chemical analysis which protects the column for a longer time and avoids time-consuming cleaning process and waste generated. Furthermore, the absence of buffers allows for a simplified and more cost-effective analytical process. To our knowledge, this is the first acyclovir analysis method using the HPLC that used the greenness assessment tools to ensure that the method is environmentally friendly.

Methods

Reagents and chemicals

Acyclovir with a purity of (95.8% ± 0.9) and the internal standard (IS) ganciclovir with a purity of (99.3% ± 0.2) were obtained from Sigma-Aldrich (Oakville, ON,

Canada). HPLC-grade acetonitrile, water, and methanol were purchased from Fisher Scientific (Edmonton, AB, Canada). Drug-free human plasma was acquired from Cedarlane Laboratories (Burlington, ON, Canada).

Instruments

HPLC–UV system (Shimadzu, Kyoto, Japan) was used to perform the analysis. It consisted of a system controller (SCL-10Avp), an autosampler (SIL-HTC), two pumps (LC-10 AD), and a UV–vis detector (SPD-10AV). The chromatographic separation was achieved by using a C18 reverse phase Supleco Discovery[®] C18 column (5 μm, 250 × 4.6 mm) (Supleco Inc., Mississauga, ON, Canada) protected by a Discovery[®] C18 Supelguard[™] guard column (5 μm, 20 × 4 mm) (Supleco Inc., Mississauga, ON, Canada). Clarity[®] software version 8.7 (DataApex, Prague, The Czech Republic) was utilized for data collection and analysis.

Chromatographic conditions

The chromatographic separation was conducted through isocratic elution of a mobile phase mixture consisting of water and methanol (97:3, v/v). The flow rate was maintained at 1 mL/min for a total run time of 17 min for elution, and the detection wavelength was set at 254 nm. All the steps were conducted at room temperature.

System suitability

The system suitability was tested through the calculation of the tailing factor (symmetry factor), resolution, capacity factor and the height of theoretical plate (HETP) of five replicates. The results were compared with the guidelines to ensure that the chromatographic condition in optimal conditions, and the method is suitable for its intended purpose.

Preparation of stock and working solutions

Acyclovir and ganciclovir were dissolved in HPLC-grade water to prepare stock solutions of 400 mg/L and 500 mg/L, respectively. Working solutions of 50 mg/L and 100 mg/L of acyclovir as well as 100 mg/L ganciclovir were prepared by further diluting the stock solutions. All solutions were prepared fresh daily.

Preparation of calibration concentrations and quality control samples

Serial dilutions of acyclovir in blank human plasma were prepared to obtain the calibration concentrations of (0.7, 2, 5, 15, 25, 60 mg/L) of acyclovir. Four quality control (QC) concentrations were prepared for the method validation. The quality control samples were the lower limit of quantification (LLOQ, 0.7 mg/L), low-level QC

(2 mg/L), middle-level QC (25 mg/L), and high-level QC (45 mg/L).

Sample preparation

Sixty μ L of 100 mg/L IS were added to 300 μ L of blank plasma spiked with acyclovir and vortex mixed for 30 s. Then, 2 mL of acetonitrile were added to the prepared plasma spiked with acyclovir and ganciclovir and vortex mixed for 1 min for the purpose of the plasma proteins denaturation. Then, the prepared samples were centrifuged (Eppendorf centrifuge 5804, Eppendorf SE, Barkhausenweg, Hamburg, Germany) at 5000 rpm for 20 min. The obtained supernatant was then transferred to clean tubes and concentrated using SpeedVac[®] Vacuum Concentrator (Thermo Fisher Scientific, Waltham, MA, USA). Reconstitution was performed by the addition of 200 μ L of the mobile phase (water: methanol, 97:3, v/v) and vortex mixed for 15 s. A volume of 50 μ L of the prepared samples was injected into the HPLC for the chromatographic separation.

Method validation

The validation was done following the Guideline on bio-analytical method validation guidelines developed by the European Medicines Agency (EMA, 2011) [20]. The method validation included linearity, selectivity and sensitivity, precision and accuracy, carry-over, stability, and recovery.

Linearity

The linearity of the method was determined by plotting the calibration curves of the peak height ratios (acyclovir /ganciclovir) vs. the calibration concentrations. Linear regression was performed to obtain the slope, intercept, and coefficient of determination (r^2) of the calibration curve.

Selectivity and sensitivity

The selectivity of the developed method was assured by the absence of any plasma peaks interfering with acyclovir and ganciclovir peaks when comparing chromatograms obtained from blank plasma with those obtained from acyclovir-containing samples. The sensitivity was determined in terms of the LLOQ, in which its response must be at least 5 times higher than the plasma response.

Precision and accuracy

The intra-day and inter-day precision and accuracy of the developed method were tested by injecting five replicates of each of the four QC samples mentioned earlier on three consecutive days. The method's precision was presented as the coefficient of variation (CV, %), and the accuracy was expressed as a percentage error.

Carry-over

Carry-over was assessed by injecting drug-free plasma after the injection of the upper limit of quantification (60 mg/L). Based on the EMA guidelines, the blank plasma response must not exceed $\pm 20\%$ of acyclovir LLOQ response and 5% of the internal standard response.

Stability

The stability of the method was assessed in either plasma spiked with acyclovir or final prepared samples for HPLC injection (e.g., concentrated and reconstituted) over two weeks of three replicates of two QC samples (2 and 55 mg/L). The stability of the plasma spiked with acyclovir was determined at the preparation time and after three hours and 24 h at room temperature. Furthermore, the stability after 1 and 2 weeks stored at 4–8, – 20, and – 80 °C was also assessed. Moreover, the stability of the final prepared samples was examined over one week and stored at room temperature (autosampler), 4–8, – 20, and – 80 °C. Also, the freeze and thaw stability of acyclovir in plasma was assessed by initially freezing the three replicates of the two QC samples at – 80 °C for 24 h followed by thawing them at room temperature. This cycle was repeated for three days before preparing the samples to be injected into the HPLC. In addition, the stability of stock and working solutions kept in the fridge were tested after 2 months by preparing a working solution from the stock solution stored at 2–8 °C and comparing the results of samples prepared from these working solutions.

Recovery

The average extraction recovery of acyclovir was measured by injecting three replicates of three QC samples (5, 15, 25 mg/L) and comparing their chromatographic peaks with those of plasma samples spiked with equivalent concentrations of acyclovir after protein precipitation and sample concentration.

Assessment of greenness

The eco-friendliness of the proposed method was tested using different greenness assessment tools. Three were used to evaluate the greenness which are analytical method GREENness score (AMGS) [17], analytical eco-scale [18], and analytical GREENness (AGREE) [19].

Results

Method development

Preliminary experiments were done to optimize the chromatographic conditions of acyclovir analysis.

Various solvents and different compositions were tested to obtain the optimum mobile phase composition to run the analysis. Different compositions of acetonitrile and water as well as different compositions of methanol and water were tested as mobile phases, and it was found that the composition of 97% water and 3% methanol gave the best chromatograms of acyclovir samples. The selected mobile phase composition resulted in increasing the retention time compared to more methanol percentage in the mobile phase. Nevertheless, it had the advantages of better peak separation, decreasing the cost of the analysis and reducing the environmental impact of methanol. Moreover, different wavelengths over the range of 200–800 nm were tested to select the wavelength that provides maximum acyclovir UV absorbance and less plasma absorbance which was found to be 254 nm. The effect of different

flow rates was studied, and a flow rate of 1 mL/min was chosen for the method. Using flow rates of more than 1 mL/min resulted in increasing the pressure, while using flow rate of less than 1 mL/min resulted in increasing the retention time and hence the run time. Furthermore, acetonitrile and methanol were tested as protein precipitation solvents, and acetonitrile gave better results. The retention times of acyclovir and ganciclovir using the optimum conditions were around 15 and 12 min, respectively. The ratios of the peak heights of acyclovir to ganciclovir were used in all the calculations as they gave more accurate results than the peak area ratios. Although column temperature affects the resolution of the samples, it was not used to make the study applicable to different systems, and the measurements were all in the room temperature.

Table 1 System suitability parameters of the proposed method

Parameter	Obtained value	Reference value [21, 22]
Resolution (R_s)	2.03	≥ 2
Tailing factor (T)	1.35	0.8–1.8
Height of theoretical plate (HETP)	0.0018	The smaller the value, the better the system suitability
Capacity Factor	3.2	> 2

System suitability

The results of the system suitability (Table 1) were obtained and compared to the reference ranges. All of the obtained values are within the acceptable ranges.

Method validation

Linearity

The calibration curves of the plasma samples of acyclovir were done to test the linearity of the developed method. The peak height ratios of acyclovir to ganciclovir showed

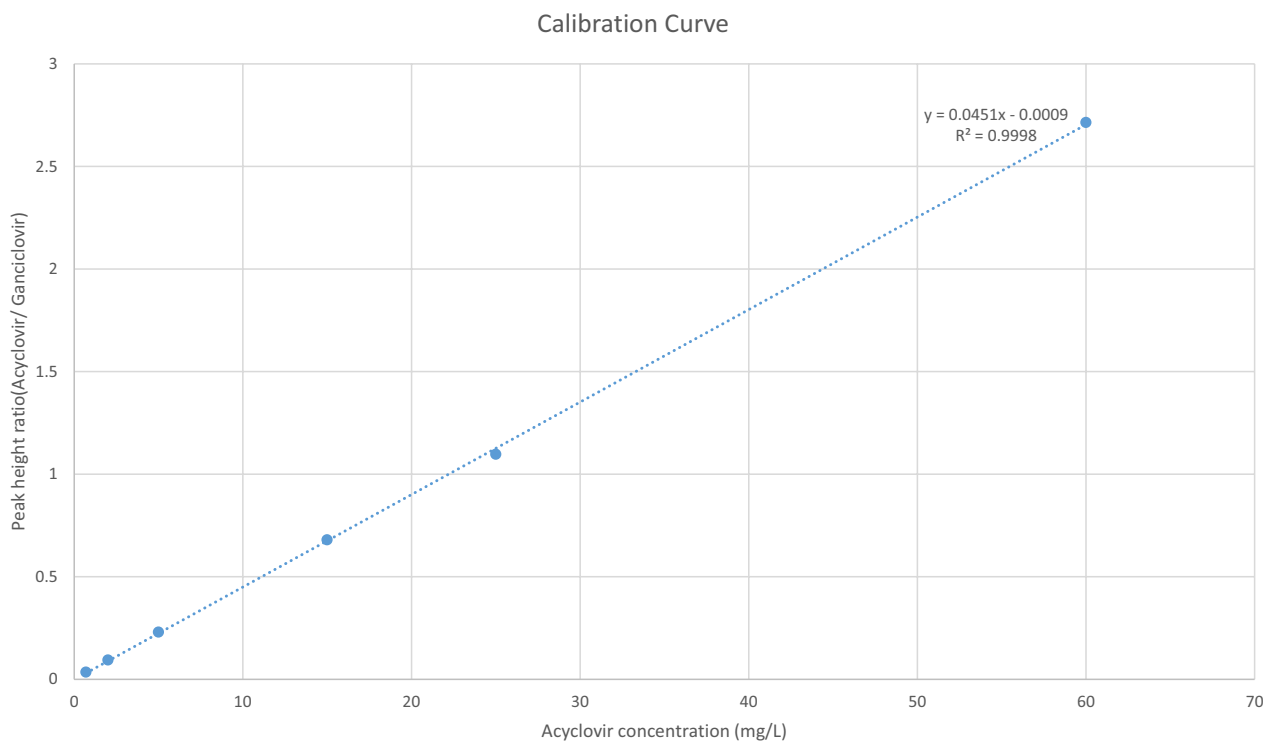


Fig. 2 Calibration curve of peak height ratios of acyclovir to the internal standard versus acyclovir concentrations

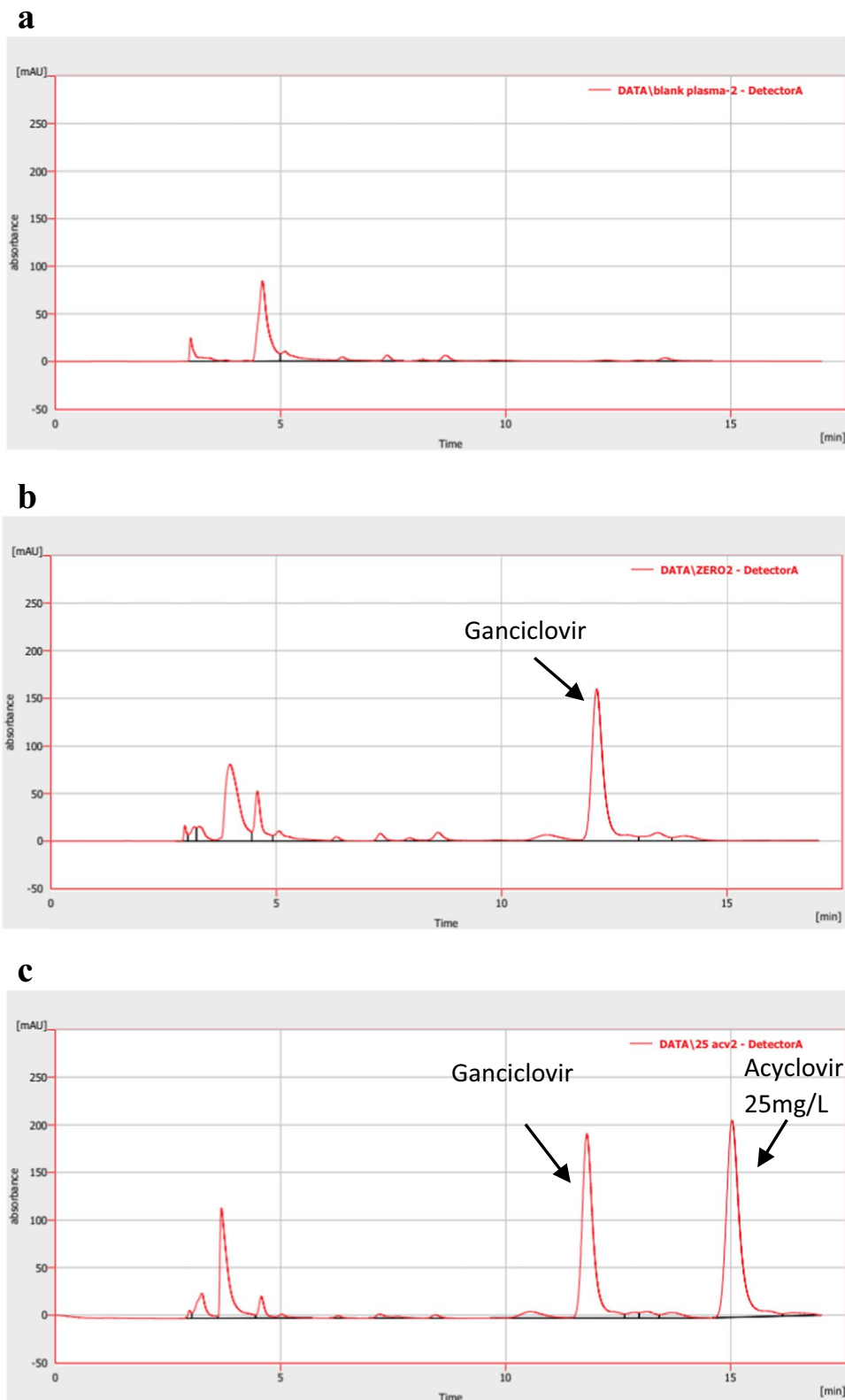


Fig. 3 Different chromatograms of **a** Blank plasma; **b** Plasma containing internal standard (20 mg/L)-retention time 12.1 min; **c** Plasma containing acyclovir (25 mg/L) and internal standard (20 mg/L) retention times 15 and 12.2 min, respectively

Table 2 Intra-day and inter-day precision and accuracy

Concentration (mg/L) (n = 5)	Observed concentration(mg/L) (mean ± S.D)	CV%	Error percentage
<i>Intra-day precision and accuracy</i>			
0.7	0.73 ± 0.01	1.30	− 3.67
2	2.07 ± 0.04	1.96	− 3.57
25	24.67 ± 0.20	0.34	1.36
45	41.87 ± 0.90	2.15	6.96
<i>Inter-day precision and accuracy</i>			
0.7	0.74 ± 0.06	7.38	− 5.99
2	2.07 ± 0.04	1.90	− 3.42
25	25.40 ± 1.16	4.57	− 1.61
45	43.86 ± 1.92	4.37	2.54

S.D standard deviation; CV% Coefficient of variation (percentage)

linearity over the range of 0.7–60 mg/L with $r^2 > 0.99$ (Fig. 2).

Selectivity and sensitivity

There were no interfering plasma peaks with the acyclovir or the ganciclovir as shown in Fig. 3. The lower limit of quantification of acyclovir that gives accurate and precise results was 0.70 mg/L.

Precision and accuracy

To assess the intra-day and inter-day precision and accuracy, we prepared five replicates of four quality control samples and analyzed their concentrations in three different days. The method is precise and accurate as shown in Table 2. The intra-day coefficient of variation was less than 2.2%, and the percentage of error was less than 7%. On the other hand, the inter-day coefficient of variation was less than 4.6%, and the percentage of error was less than 6%.

Carry-over

There were no peaks appearing in the blank plasma chromatogram after injecting the upper limit of quantification either in the retention time of acyclovir or ganciclovir. This indicates that there were no carry-over effects of high acyclovir concentrations.

Stability

Plasma samples spiked with acyclovir were stable for 2 weeks at different temperatures. Also, the finally prepared samples for injection showed stability for one week stored at different temperatures. Acyclovir showed stability after three freeze and thaw cycles. All the % remaining of the acyclovir in samples compared with the initial samples (zero time) ranges from 88 to 113% (Table 3)

which lies within $\pm 15\%$ indicating the stability of acyclovir samples. Moreover, the stock and working solutions were stable for 2 months.

Recovery

The mean percentages recovery of the three QC of 5, 15, 25 mg/L ($n=3$) concentrations is in Table 4. It ranged from 88 to 90%.

Assessment of greenness

The web application version of the AGREE tool provided the result based on the 12 criteria of green analytical chemistry. The score was 0.64 which indicates that the method is green. The AMGS score, which calculates the instrument energy score, solvent energy score and solvent EHS score were 216.34 which also indicates the greenness of the method. The analytical eco-scale resulted in a score of $(100-16) = 84$ of which means that the method is green.

Discussion

Acyclovir is the anti-viral nucleoside analog drug used for the treatment of herpes infections. Acyclovir is given intravenously to patients suffering from herpes encephalitis at a dose of 10 mg/kg/dose every 8 h [23]. High concentrations of acyclovir in plasma above 25 mg/L could highly predispose the patient to nephrotoxicity and neurotoxicity [24]. This paper describes a simple, rapid, accurate, and precise method for the quantifying of acyclovir in human plasma.

This method utilizes a small volume of the plasma 0.3 mL compared to other methods which use larger volumes (0.5–1 mL) [9, 13, 14, 25]. The run time was 17 min which could aid in the analysis of large numbers of samples in a short time. The wavelength that showed the best chromatograms was 254 nm after scanning the UV range (200–800 nm). Although the mobile phase composition was 97% water and 3% methanol which resulted in increasing the retention time compared to more methanol percentage in the mobile phase, it has the advantages of better peak separation, decreasing the cost of the analysis and reducing the environmental impact of methanol. The mobile phase used to elute acyclovir did not contain buffers, which provides the advantages of the simplicity of the method and protection of the column without affecting the results' selectivity and sensitivity.

The greenness of the developed method was assessed using different tools. The AGREE tool was first developed in 2020 by Pena-Pereira, et al. [19]. It involves the 12 concepts of green analytical chemistry in its evaluation [15]. The analytical eco-scale is also an interesting tool to assess if the method is environmentally safe, and it has

Table 3 Stability of acyclovir in plasma and in the finally prepared samples for HPLC injection

Concentration (mg/L) (n = 3)	Time (storage temperature)	Mean concentration(mg/L) ± S.D	% Remaining
<i>Finally prepared samples for HPLC injection</i>			
2	0 h	2.01 ± 0.08	100.00
	3 h (Room temperature)	2.11 ± 0.08	105.09
	24 h (Room temperature)	2.09 ± 0.06	103.72
	1 week (Room temperature)	2.05 ± 0.04	101.84
	1 week (2–8)	2.02 ± 0.06	100.37
	1 week (– 20)	2.28 ± 0.10	113.60
	1 week (– 80)	2.10 ± 0.09	104.30
55	0 h	57.10 ± 7.57	100.00
	3 h (Room temperature)	56.94 ± 7.91	99.73
	24 h (Room temperature)	50.58 ± 2.28	88.59
	1 week (Room temperature)	50.63 ± 1.88	88.67
	1 week (2–8)	55.40 ± 2.46	97.03
	1 week (– 20)	57.64 ± 7.23	100.94
	1 week (– 80)	53.15 ± 0.24	93.08
<i>Plasma spiked with acyclovir stability</i>			
2	0 h	2.01 ± 0.08	100.00
	3 h (Room temperature)	2.21 ± 0.21	109.89
	24 h (Room temperature)	2.21 ± 0.20	109.81
	1 week (2–8)	2.09 ± 0.02	106.23
	1 week (– 20)	2.01 ± 0.10	102.56
	1 week (– 80)	2.10 ± 0.06	106.75
	2 weeks (2–8)	1.91 ± 0.04	94.75
	2 weeks (– 20)	2.29 ± 0.24	113.79
55	0 h	57.10 ± 7.57	100.00
	3 h (Room temperature)	54.76 ± 3.43	95.91
	24 h (Room temperature)	48.91 ± 4.79	85.66
	1 week (2–8)	53.81 ± 2.10	94.24
	1 week (– 20)	52.21 ± 0.56	91.45
	1 week (– 80)	53.76 ± 3.55	94.15
	2 weeks (2–8)	56.31 ± 1.68	98.63
	2 weeks (– 20)	53.39 ± 3.33	93.50
2 weeks (– 80)	58.97 ± 1.22	103.28	

S.D standard deviation; % remaining, percentage of drug remaining compared to the initial concentrations

a score of hundred and good results expected to be > 75 [18]. Analytical method GREENness score (AMGS) is a semi-quantitative user-friendly tool to evaluate the

greenness of the analytical methods [17]. The proposed study is determined as green and environmentally safe based on the results obtained from this tool. This was the first acyclovir HPLC analysis study that evaluated the greenness of the proposed method.

Table 4 Mean percent recovery of acyclovir

Concentration (mg/L) (n = 3)	Recovery %, mean ± S.D	CV%
5	88.40 ± 5.68	6.43
15	90.22 ± 1.07	1.18
25	88.43 ± 4.74	5.36

S.D standard deviation; CV%, Coefficient of variation (percentage)

It has the advantage of a single protein precipitation step which also reinforces the uncomplicatedness of the developed method compared to other methods [14]. Moreover, the stability of the developed method was assessed, and acyclovir showed stability in stock and working solutions kept for two months in the fridge. In addition, it showed stability in the plasma over two weeks

and finally prepared samples over one week in different storage conditions. The validation of the developed method showed precision and accuracy results within the acceptable range ($\pm 15\%$) as reported by the EMA guidelines [20].

The linearity range of the method (0.70–60 mg/L) covers a wider range than previous study, including high acyclovir concentrations, which are known to be associated with potential adverse effects [14, 26, 27]. Acyclovir levels in herpes encephalitis should be maintained above the 50% inhibitory concentration which is 0.56 mg/L for herpes simplex virus and 1.125 mg/L for varicella zoster virus. On the other hand, high acyclovir concentrations above 25 mg/L could cause acyclovir adverse effects [2, 4, 28]. These concentrations could be readily measured in patients experiencing adverse effects, such as acute kidney failure, neurotoxicity, or worsening symptoms, using this method.

Conclusion

This article represents a quantitative method that is fully validated based on the EMA guidelines for the analysis of acyclovir in the plasma. It has a linearity range of (0.7–60 mg/L) which make it applicable in the clinical practice. The method has undergone evaluation for its eco-friendliness using diverse green assessment tools, positioning it as a novel method of acyclovir detection in the plasma assigned to be green. The developed method is simple and utilizes a single protein precipitation step and excludes the use of the buffered mobile phase. Overall, it is a rapid, selective, accurate, and precise method that could be used widely in clinical settings.

Abbreviations

HPLC	High-performance liquid chromatography
LC-MS	Liquid chromatography- mass spectrometry
AMGS	Analytical method GREENness score
AGREE	Analytical GREENness
IS	Internal standard
QC	Quality control concentration
LLOQ	Lower limit of quantification
EMA	European Medicines Agency
r^2	Coefficient of determination
CV	Coefficient of variation
Rs	Resolution
T	Tailing factor
HETP	Height of theoretical plate
S.D	Standard deviation

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Author contributions

Conceptualization was done by S.H.M.; methodology was done by S.H.M., A.A and M.K.; validation was done by A.A and M.K.; formal analysis was done by S.H.M. A.A and M.K.; writing—original draft preparation was done by A.A.; writing—review and editing was done by S.H.M., A.A and M.K.; supervision was done by S.H.M.; funding acquisition was done by S.H.M. All authors have read and agreed to the published version of the manuscript.

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Availability of data and materials

The data used to support the findings of this study are available from the corresponding author upon request.

Declarations

Ethical approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare they have no any competing interests.

Studies involving plants

Not applicable.

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